Card 1: The Coach

Reach for it when the work is long, it matters, or it has gone wrong before. Check in while changing the plan is still cheap.

Say it like this

• "Before you write anything, show me your plan in five short lines. Then wait for me."

• "Draft only the first section and stop."

• "When you reach the pricing part, pause and show me your thinking first."

Not this: "Write the whole thing and I'll look at it when you're done."

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