Worksheet 9: Kit 9, Ten Moves for Meaning

Companion to Super Intelligence Will Make You Obsolete, *Part IX, Future-Proofing Kit 9*

Name: Date:

How to use: Read Future-Proofing Kit 9 in Part IX. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Keep one hard thing, on the calendar			
2	Practice mastery for its own sake			
3	Join something load-bearing			
4	Take a service role, however small			
5	Deepen a practice of faith or philosophy			
6	Label your bliss			
7	Keep effort witnessable			
8	Negotiate terms, don't just refuse or surrender			
9	Protect unoptimized time			
10	Write your verdict on yourself, annually			

The one move I will start this week:

Who will hold me to it:

Worksheet from Super Intelligence Will Make You Obsolete *by Zafrullah Khan, Ed.D. © 2026 ai021.ai, Inc. Free with the book for personal, team, or classroom use. Not for resale. General information only, not financial, legal, medical, or other professional advice. Download every worksheet, the full workbook and more practice: https://www.ai021.ai/book*