Worksheet 9: Kit 9, Ten Moves for Meaning

Companion to Super Intelligence Will Make You Obsolete, *Part IX, Future-Proofing Kit 9*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 9 in Part IX. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Keep one hard thing, on the calendar			
2	Practice mastery for its own sake			
3	Join something load-bearing			
4	Take a service role, however small			
5	Deepen a practice of faith or philosophy			
6	Label your bliss			
7	Keep effort witnessable			
8	Negotiate terms, don't just refuse or surrender			
9	Protect unoptimized time			
10	Write your verdict on yourself, annually			

The one move I will start this week: _____

Who will hold me to it: _____

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