Super Intelligence Will Make You Obsolete: Companion Workbook

The free companion to both volumes, by Zafrullah Khan, Ed.D.

This workbook collects every fill-in page from the two volumes in one place: a worksheet for each of the twelve Future-Proofing Kits, a forecast tracker for each of the twelve Part Forecast Atlases, and five worksheets drawn from Chapters 7 and 45 to 48.

How I suggest you use it. Date every page you fill in. Keep the pages together. Once a year, take them out and ask two questions: Which signposts have appeared? Which of my moves do I still need to make? A forecast you never grade teaches you nothing, and a plan you never revisit stops being a plan.

What is inside.

• Worksheets 1 to 12: one page per Future-Proofing Kit, with space to name a first step, a date and a check mark for each of the ten moves

• Trackers A1 to A12: the most likely (Tier 1) forecast for every chapter, with space to record the signpost you are watching and its status

• S1: the Five-Question Skill Scorecard (Chapter 7)

• S2: the No-Regrets Checklist (Chapter 48)

• S3: the Three-Level Response Plan planner (Chapters 45 to 47)

• S4: the Seven-Day Starter Drill (Chapter 45)

• S5: the Leader's First Fortnight (Chapter 46)

The PDF version is fillable: type into the shaded fields in any PDF reader, or print it and write by hand.

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Worksheet 1: Kit 1, Ten Moves for the Arrival

Companion to Super Intelligence Will Make You Obsolete, *Part I, Future-Proofing Kit 1*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 1 in Part I. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Learn to ask			
2	Learn to judge			
3	Learn to verify			
4	Keep an unaided-thinking practice			
5	Follow signposts, not hype			
6	Move your skills toward judgment, embodiment, and trust			
7	Diversify income away from pure routine cognition			
8	Build a personal knowledge vault			
9	Teach children for the world of the ladder, not the world of the worksheet			
10	Decide, in writing, what stays human			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 2: Kit 2, Ten Moves for Work

Companion to Super Intelligence Will Make You Obsolete, *Part II, Future-Proofing Kit 2*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 2 in Part II. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Task-audit your own job this quarter			
2	Climb toward the signature			
3	Pair with agents now, publicly			
4	Build a proof-of-work portfolio of outcomes			
5	Own distribution			
6	Stack a second anchor			
7	Convert income to ownership early			
8	Practice an in-person excellence			
9	Negotiate the transition, don't just endure it			
10	Manufacture a beginning for someone else			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 3: Kit 3, Ten Moves for the Heart

Companion to Super Intelligence Will Make You Obsolete, *Part III, Future-Proofing Kit 3*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 3 in Part III. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Schedule friction dates			
2	Keep one device-free ritual sacred			
3	Teach children the sentence: responsiveness isn't love			
4	Make companion use transparent in your relationships			
5	Protect elder autonomy in writing			
6	Keep the visits on a clock, not on a feeling			
7	Decide your Authority Staircase before you climb it			
8	Defend an hour of boredom			
9	Settle the persona question while everyone is alive			
10	Hold the family conversation about the new members			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 4: Kit 4, Ten Moves for Discovery

Companion to Super Intelligence Will Make You Obsolete, *Part IV, Future-Proofing Kit 4*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 4 in Part IV. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Own problems, not answers			
2	Become dangerous at verification			
3	Keep a provenance chain for everything you make			
4	Price your work by its scarcity, honestly			
5	Use generation as an engine, verification as your craft			
6	Rethink IP before the law does it for you			
7	Sell to the bottleneck			
8	Build a data toll bridge, or don't pretend you have one			
9	Adopt a two-speed posture toward breakthroughs			
10	Stay legible as a human source			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 5: Kit 5, Ten Moves for Citizens

Companion to Super Intelligence Will Make You Obsolete, *Part V, Future-Proofing Kit 5*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 5 in Part V. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Verify before you amplify			
2	Demand the human in the loop, by name			
3	Back the boring institutions			
4	Authenticate your civic voice			
5	Refuse single points of failure in your own stack			
6	Build local, physical resilience			
7	Write your household's red lines now			
8	Follow the money of governance			
9	Practice being a citizen at human speed			
10	Keep score, and grade the forecasters, including this book			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 6: Kit 6, Ten Moves for Money

Companion to Super Intelligence Will Make You Obsolete, *Part VI, Future-Proofing Kit 6*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 6 in Part VI. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

General information, not financial advice. Nothing in this kit is investment, tax, or legal advice for your situation; consult a licensed professional before acting on it.

#	Move	My first step	By when	Done
1	Own appreciating scarcities, not just your own hours			
2	Cut fixed costs before you need to			
3	Build a second, non-labor income line early			
4	Stay geographically mobile			
5	Keep your skills portable across regimes			
6	Refuse debt that assumes your current salary is forever			
7	Hold a boring liquidity reserve			
8	Diversify modestly across systems, not just assets			
9	Grow a little household production			
10	Track the gauges, ignore the noise			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 7: Kit 7, Ten Moves for Knowing

Companion to Super Intelligence Will Make You Obsolete, *Part VII, Future-Proofing Kit 7*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 7 in Part VII. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Sign your own work			
2	Keep your originals			
3	Verify out-of-band			
4	Adopt a slow-sharing rule			
5	Triangulate before you trust			
6	Reserve presence for the apex			
7	Practice the know / infer / imagine sort			
8	Teach children provenance thinking			
9	Be a reliable node			
10	Support the boring infrastructure			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 8: Kit 8, Ten Moves for Your Mind

Companion to Super Intelligence Will Make You Obsolete, *Part VIII, Future-Proofing Kit 8*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 8 in Part VIII. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Keep one unaided hour a day			
2	Set your defaults to tutor mode, not answer mode			
3	Train memory like a muscle, because it's one			
4	Practice attention as a craft, not a mood			
5	Benchmark yourself, in writing, twice a year			
6	Teach children both modes, deliberately			
7	Guard sleep and the body as cognitive infrastructure			
8	Curate a "stays human" list for your own cognition			
9	Keep your neural and cognitive data boring			
10	Argue in public, unaided, sometimes			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 9: Kit 9, Ten Moves for Meaning

Companion to Super Intelligence Will Make You Obsolete, *Part IX, Future-Proofing Kit 9*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 9 in Part IX. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Keep one hard thing, on the calendar			
2	Practice mastery for its own sake			
3	Join something load-bearing			
4	Take a service role, however small			
5	Deepen a practice of faith or philosophy			
6	Label your bliss			
7	Keep effort witnessable			
8	Negotiate terms, don't just refuse or surrender			
9	Protect unoptimized time			
10	Write your verdict on yourself, annually			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 10: Kit 10, Ten Moves for the Physical Arrival

Companion to Super Intelligence Will Make You Obsolete, *Part X, Future-Proofing Kit 10*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 10 in Part X. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Write your house rules before the devices arrive			
2	Demand the override charter with every embodied purchase			
3	Buy envelopes, not demonstrations			
4	Keep one room unwitnessed			
5	Practise manual competence at home, on schedule			
6	Teach children physical confidence deliberately			
7	Set the recording policy like you set the locks			
8	Spend the machine dividend on purpose			
9	Learn the local rules of the shared channels			
10	Keep a human-only commitment in your calendar			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 11: Kit 11, Ten Moves for First Contact

Companion to Super Intelligence Will Make You Obsolete, *Part XI, Future-Proofing Kit 11*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 11 in Part XI. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

#	Move	My first step	By when	Done
1	Ask the stoppability question about every system you admit into your life			
2	Demand the Audit Protocol before deployment, not after the incident			
3	Know your local enclaves			
4	Support incident registries, publicly and by name			
5	Insist that your insurer's questions become your questions			
6	Keep a manual relationship with your own infrastructure			
7	Refuse the movie, in conversation and in voting			
8	Back the boring professions			
9	Build one analog competency to genuine standard			
10	Write your household's First Contact rules before you need them			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet 12: Kit 12, Ten Moves for the Plan

Companion to Super Intelligence Will Make You Obsolete, *Part XII, Future-Proofing Kit 12*

Name: _____ Date: _____

How to use: Read Future-Proofing Kit 12 in Part XII. For each move, write the smallest first step you can take this month, give it a date, and tick it when done. Start with two moves, not ten.

Move 7 is a planning habit, not financial advice. Nothing in this kit is investment, tax, or legal advice for your situation; consult a qualified professional before acting on it.

#	Move	My first step	By when	Done
1	Make yourself provable			
2	Build an offline mind			
3	Own something physical, and know how it works			
4	Grow one skill moat			
5	Install circuit breakers and write the trigger			
6	Schedule unaided thinking			
7	Rebalance in stages			
8	Give machine work an owner			
9	Buy capability, not dependence			
10	Support the civic guardrails			

The one move I will start this week: _____

Who will hold me to it: _____

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Worksheet A1: Part I Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part I Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part I Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
1	Language models continue absorbing adjacent capabilities because a single interface trained on human knowledge generalizes more cheaply than separate specialized systems.		
2	Systems reach and pass skilled-human parity in most *bounded, verifiable* cognitive tasks before they match humans in open-ended, embodied, real-world competence.		
3	Energy and grid capacity set the effective pace of frontier growth.		
4	Assistance strips the clerical and monitoring layers from professional work first.		

What changed my mind this quarter: _____

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Worksheet A2: Part II Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part II Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part II Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
5	Cognitive work automates in task order, not job order.		
6	Capital and intelligence fully decouple from headcount at the frontier.		
7	Accountability anchors employment.		
8	Lost role and status, more than lost income, drive the transition's social pathology where support is purely financial.		

What changed my mind this quarter: _____

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Worksheet A3: Part III Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part III Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part III Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
9	Conversational companions become a mass consumer category across age groups, because they monetize the two most reliable scarcities of modern life: attention and being listened to.		
10	Friction-free synthetic intimacy raises the experienced cost of human partnership at the margin, delaying pairing for a measurable minority, because every real partner now competes with an alternative that never has a bad day.		
11	Synthetic tutors and homework companions become default infrastructure in middle-income households, because cost collapses while measured instructional gains persist.		
12	Synthetic eldercare becomes standard across aging societies, because the caregiver arithmetic has no payable human solution.		

What changed my mind this quarter: _____

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Worksheet A4: Part IV Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part IV Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part IV Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
13	Discovery reorganizes around problem selection and pipeline direction as the scarce human contributions.		
14	Materials, fusion-relevant engineering, and biotechnology advance at visibly compressed timescales, with progress rates set less by insight than by fabrication, testing, and regulatory clocks.		
15	Human-inventor and human-author doctrines hold formally while boundary litigation over "enough" human contribution defines the decade.		
16	Verification, not generation, becomes the rate limit on usable discovery.		

What changed my mind this quarter: _____

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Worksheet A5: Part V Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part V Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part V Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
17	Deliberation becomes the bottleneck of legitimacy.		
18	Algorithmic technocracy arrives as procurement, not coup.		
19	The five-layer chokepoint stack (lithography, leading-edge fabs, high-bandwidth memory, refining, energy) persists through the 2030s.		
20	Liability resolves through firms, mandatory insurance, and compensation funds rather than machine personhood.		

What changed my mind this quarter: _____

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Worksheet A6: Part VI Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part VI Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part VI Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
21	The wage share of national income continues its decline as SI absorbs routine cognition.		
22	Sovereign compute dividends move from essay to at least one real national or large regional implementation, beginning at modest scale.		
23	State revenue migrates from wages to immobile bases and to sovereign fund returns, in rough proportion as the wage base erodes.		
24	Trigger-based, indicator-driven support spreads as the standard architecture, because fixed-date reforms keep mistiming an undated transition.		

What changed my mind this quarter: _____

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Worksheet A7: Part VII Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part VII Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part VII Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
25	The share of newly produced digital media that is synthetic or synthetically altered rises past the point where unaided human judgment can sort it.		
26	Shared factual baselines fragment further along community and platform lines.		
27	Courts tighten authentication for digital exhibits and re-weight toward corroboration and live testimony.		
28	Capture-time signing and content credentials standardize domain by domain.		

What changed my mind this quarter: _____

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Worksheet A8: Part VIII Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part VIII Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part VIII Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
29	Measurable decline in unaided performance (navigation, recall, arithmetic fluency, sustained reading) continues in heavily assisted populations, following the established pattern of skill decay under automation.		
30	External augmentation captures the large majority of practical cognitive-enhancement benefit through the coming decades, because it improves annually without surgical risk.		
31	Restoration widens steadily.		
32	Tournament summits gate first while the complementary baseline economy persists.		

What changed my mind this quarter: _____

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Worksheet A9: Part IX Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part IX Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part IX Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
33	Episodic, identity-level distress concentrates in cohorts whose status was built on scarce cognitive skill, arriving in waves timed to visible capability milestones rather than as one uniform crisis.		
34	Existing faiths absorb SI through internal reform movements faster than new machine-centered religions grow, with companion-mediated spirituality becoming a mainstream pastoral problem for every major tradition.		
35	Resistance matures from refusal into sectoral settlements over consent, pace, and distribution.		
36	Synthetic pleasure arrives as a gradient, status re-denominates into witnessed cost and human presence, and concealed delegation becomes the characteristic fraud requiring new certification institutions.		

What changed my mind this quarter: _____

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Worksheet A10: Part X Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part X Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part X Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
37	Embodied capability is governed everywhere by physical constraint, not capability headlines: actuator torque density, thermal ceilings, and battery chemistry set the real deployment envelope, and platforms ship with force and speed envelopes far below their theoretical maxima in inhabited spaces.		
38	Performed limitation becomes standard, certified behavior for domestic and care platforms.		
39	Machine authority is granted first and fullest in emergency and industrial arenas.		
40	Deference is priced.		

What changed my mind this quarter: _____

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Worksheet A11: Part XI Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part XI Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part XI Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
41	Domestic and eldercare platforms normalize within a single product generation wherever they demonstrably reduce caregiver burden.		
42	The densest early embodied deployments remain inside fabs, energy facilities, ports, and defense perimeters, where containment geometry, insurance, and labor economics all favor concentration.		
43	The first serious embodied-SI incident will be a specification failure with zero component malfunction, and its primary damages will be institutional rather than physical.		
44	Safety governance consolidates at the design layer as real-time human supervision of SI-class systems is formally recognized as unworkable.		

What changed my mind this quarter: _____

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Worksheet A12: Part XII Forecast Tracker

Companion to Super Intelligence Will Make You Obsolete, *Part XII Forecast Atlas*

Name: _____ Date: _____

How to use: Each row is one chapter's most likely forecast (Tier 1) from the Part XII Forecast Atlas. Once a quarter, note the signpost you are watching and mark the status: *on track*, *early*, *late* or *wrong*. Being wrong is information, not failure.

Ch.	Most likely (Tier 1)	Signpost I am watching	Status and date
45	Phishing-resistant credentials, local data vaults, and explicit family verification rituals become normal defenses as synthetic impersonation spreads.		
46	Serious organizations map dependencies on models, clouds, identity providers, data sources, energy, and chips, and rehearse degraded operations rather than treating continuity as an information-technology detail.		
47	Personhood assurance becomes layered into finance, benefits, elections administration, platforms, and scarce allocations, with hybrid systems prevailing over any single biometric or cryptographic method.		
48	Elements of Slow Burn, Fast Takeoff, and Stalled Winter coexist across sectors and countries rather than resolving into one uniform global timeline.		

What changed my mind this quarter: _____

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Worksheet S1: The Five-Question Skill Scorecard

Companion to Super Intelligence Will Make You Obsolete, *Chapter 7*

Name: _____ Date: _____

How to use: Name one skill you are paid for, or one your child is planning to build. Answer each question yes or no (Chapter 7). More yeses suggest a more defensible skill; this is a reflection exercise, not a career assessment.

The skill: _____

#	Question	Yes / No	Why
1	Does it resist full specification in advance?		
2	Is the provider's identity part of the value?		
3	Must a person be answerable for failure?		
4	Does it happen in an unstructured physical or social environment?		
5	Does the buyer want the process itself to be human?		

Total yeses: _____ In the book's view, a skill with five noes is under real pressure, whatever it pays today, and three or more yeses usually signals a more defensible position. Your situation may differ.

The anchored core of this skill I will move toward: _____

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Worksheet S2: No-Regrets Checklist

Companion to Super Intelligence Will Make You Obsolete, *Chapter 48*

Name: _____ Date: _____

How to use: None of these moves requires predicting the year Super Intelligence arrives; each pays off under Slow Burn, Fast Takeoff and Stalled Winter (Chapter 48). Tick each when its first version exists.

- ☐ **1. Prove you are human, cryptographically, and on your own terms**
- ☐ **2. Build an offline mind**
- ☐ **3. Own something physical, and know how it works**
- ☐ **4. Grow a skill moat where presence and accountability matter**
- ☐ **5. Install circuit breakers before you need them**

Move	What "first version" means for me	Done by
1		
2		
3		
4		
5		

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Worksheet S3: Three-Level Response Plan Planner

Companion to Super Intelligence Will Make You Obsolete, *Chapters 45–47*

Name: _____ Date: _____

How to use: The Three-Level Response Plan works at three levels (Chapters 45–47). Write one next move for each system at the level you can influence. Leave a level blank if you have no say in it yet; most readers start with the first.

Level	System	My next move	By when
Individual (Ch. 45)	Epistemic hygiene		
Individual (Ch. 45)	Capital and resource allocation		
Individual (Ch. 45)	Skill moats		
Enterprise (Ch. 46)	Autonomous stack orchestration		
Enterprise (Ch. 46)	Hardware and infrastructure independence		
Enterprise (Ch. 46)	The human core		
Civilization (Ch. 47)	Personhood credentials		
Civilization (Ch. 47)	Human circuit breakers		
Civilization (Ch. 47)	Embodied SI Safety Audit Protocol		

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Worksheet S4: The Seven-Day Starter Drill

Companion to Super Intelligence Will Make You Obsolete, *Chapter 45*

Name: _____ Date: _____

How to use: One small task a day for a week (Chapter 45, Live with It). Each one starts a system you will keep.

Day	Task	Done	What I noticed
1	Lock the master key		
2	Establish the family protocol		
3	Start the vault		
4	The first daily draft		
5	The fixed-cost audit		
6	Choose the moat		
7	The analog block		

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Worksheet S5: The Leader's First Fortnight

Companion to Super Intelligence Will Make You Obsolete, *Chapter 46*

Name: _____ Date: _____

How to use: Two days per task, fourteen days in all (Chapter 46, Live with It). For anyone who leads a team, a unit or a firm.

Day	Task	Done	What I noticed
1–2	The dependency map		
3–4	The objective audit		
5–6	Name the answerable human		
7–8	The exit test		
9–10	Write the dark procedure		
11–12	Check the island		
13–14	Convene the core		

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